

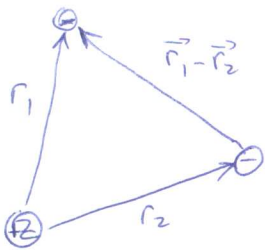
# Variational method applied to the helium atom

In this exercise we will consider the ground state of a two-electron system — the helium atom. The Hamiltonian of this system is given by

$$H = -\frac{\hbar^2}{2m} (\nabla_1^2 + \nabla_2^2) - \frac{e^2}{4\pi\epsilon_0} \left( \frac{Z}{r_1} + \frac{Z}{r_2} - \frac{1}{|\vec{r}_1 - \vec{r}_2|} \right)$$

From the experiment it is known that the ground state energy of He is

$$E_{gs}^{\text{exp}} = -2.904 \text{ hartree} = -78.98 \text{ eV}$$



If we ignore, for the moment, the interelectron interaction,  $V_{ee} = \frac{e^2}{4\pi\epsilon_0} \frac{1}{|\vec{r}_1 - \vec{r}_2|}$ , the

we end up with a Hamiltonian that nicely separates into two hydrogen-like terms.

The solution of such simplified problem is known:

$$\psi_0(\vec{r}_1, \vec{r}_2) = \psi_{100}(\vec{r}_1) \psi_{100}(\vec{r}_2) = \frac{1}{\pi a^3} e^{-\frac{(r_1+r_2)}{a}} \quad a = \frac{a_0}{Z}$$

while the energy is (recall that  $E_n = -\frac{1}{a^2} \frac{\hbar^2}{2m} \frac{1}{n^2}$   $a_0 = \frac{\hbar^2 \epsilon_0}{m e^2}$ )

$$E = 2E_1 = 4 \text{ hartree} = -109 \text{ eV.}$$

Obviously it is quite far from the exact He energy.

We can improve the result of the independent electron approximation by including the interelectron approximation. Note that

$$(H - V_{ee}) \psi_0 = 2E_1 \psi_0$$

or

$$H \psi_0 = (2E_1 + V_{ee}) \psi_0$$

Therefore

$$\langle H \rangle = 2E_1 + \langle V_{ee} \rangle$$

If we do not vary  $\psi_0$  (which, in principle, can be done but requires more effort) then the application of the variational method becomes particularly simple as we just need to evaluate  $\langle V_{ee} \rangle$ :

$$\langle V_{ee} \rangle = \frac{e^2}{4\pi\epsilon_0} \left( \frac{1}{\pi a^3} \right)^2 \int e^{-\frac{(r_1+r_2)}{a}} \frac{1}{|\vec{r}_1 - \vec{r}_2|} e^{-\frac{(r_1+r_2)}{a}} d\vec{r}_1 d\vec{r}_2$$

Let us express  $|\vec{r}_1 - \vec{r}_2|$  as

$$|\vec{r}_1 - \vec{r}_2| = \sqrt{(\vec{r}_1 - \vec{r}_2)^2} = \sqrt{r_1^2 + r_2^2 - 2r_1 r_2 \cos\theta_2}$$

$\theta_2$  is the angle between  $\vec{r}_1$  and  $\vec{r}_2$

Then the integral over  $\vec{r}_2$  can be written as

$$\int \frac{e^{-\frac{2r_2}{a}}}{|\vec{r}_1 - \vec{r}_2|} d\vec{r}_2 = \int \frac{e^{-\frac{2r_2}{a}}}{\sqrt{r_1^2 + r_2^2 - 2r_1 r_2 \cos\theta_2}} r_2^2 \sin\theta_2 d\phi_2 d\theta_2 dr_2$$

Integrating over  $\theta_2$  yields:

$$\begin{aligned} \int_0^\pi \frac{\sin\theta_2}{\sqrt{r_1^2 + r_2^2 - 2r_1 r_2 \cos\theta_2}} d\theta_2 &= \frac{\sqrt{r_1^2 + r_2^2 - 2r_1 r_2 \cos\theta_2}}{r_1 r_2} \Big|_0^\pi = \\ &= \frac{1}{r_1 r_2} \left( \sqrt{r_1^2 + r_2^2 + 2r_1 r_2} - \sqrt{r_1^2 + r_2^2 - 2r_1 r_2} \right) = \frac{1}{r_1 r_2} \left[ (r_1 + r_2) - |r_1 - r_2| \right] = \\ &= \begin{cases} \frac{2}{r_1} & , r_2 < r_1 \\ \frac{2}{r_2} & , r_1 < r_2 \end{cases} \end{aligned}$$

So the integral over  $\vec{r}_2$  becomes

$$4\pi \left( \frac{1}{r_1} \int_0^{r_1} e^{-\frac{2r_2}{a}} r_2^2 dr_2 + \int_{r_1}^\infty e^{-\frac{2r_2}{a}} r_2 dr_2 \right) = \frac{\pi a^3}{r_1} \left[ 1 - \left(1 + \frac{r_1}{a}\right) e^{-\frac{2r_1}{a}} \right]$$

Then

$$\begin{aligned} \langle V_{ee} \rangle &= \left( \frac{e^2}{4\pi\epsilon_0} \right) \left( \frac{1}{\pi a^3} \right)^2 \int \left[ 1 - \left(1 + \frac{r_1}{a}\right) e^{-\frac{2r_1}{a}} \right] e^{-\frac{2r_1}{a}} r_1 \sin\theta_1 d\phi_1 d\theta_1 dr_1 = \\ &= \left( \frac{e^2}{4\pi\epsilon_0} \right) \left( \frac{1}{\pi a^3} \right)^2 4\pi \int_0^\infty \left[ r_1 e^{-\frac{2r_1}{a}} - \left( r_1 + \frac{r_1^2}{a} \right) e^{-\frac{4r_1}{a}} \right] dr_1 = \\ &= \left( \frac{e^2}{4\pi\epsilon_0} \right) \left( \frac{1}{\pi a^3} \right) 4\pi \cdot \frac{5a^2}{32} = \frac{5}{8a} \left( \frac{e^2}{4\pi\epsilon_0} \right) = -\frac{5}{4Z} E_1 = \end{aligned}$$

Finally we get that

$$\langle H \rangle = 2 E_1 - \frac{5}{4Z} E_1 = \left( 2 - \frac{5}{4Z} \right) E_1 =$$

$$= \frac{11}{8} E_1 = -\frac{11}{4} \text{ hartree} = -2.75 \text{ hartree} \approx -75 \text{ eV}$$

The next improvement we can make is to vary the wave function so that it corresponds to some "effective" nuclear charge  $\zeta$  seen by electrons:

$$\psi_1(r_1, r_2) = \frac{\zeta^3}{\pi a_0^3} e^{-\zeta(r_1+r_2)/a_0}$$

$\zeta$  is going to be a variational parameter which we can "optimize" by minimizing the total energy.

The Hamiltonian can be written as

$$H = -\frac{\hbar^2}{2m} (\nabla_1^2 + \nabla_2^2) - \frac{e^2}{4\pi\epsilon_0} \left( \frac{\zeta}{r_1} + \frac{\zeta}{r_2} \right) + \frac{e^2}{4\pi\epsilon_0} \left( \frac{(\zeta-Z)}{r_1} + \frac{(\zeta-Z)}{r_2} + \frac{1}{|r_1-r_2|} \right)$$

The expectation value of  $H$  is

$$\langle H \rangle = 2 \frac{\zeta^2}{Z^2} E_1 + 2(\zeta-Z) \left( \frac{e^2}{4\pi\epsilon_0} \right) \left\langle \frac{1}{r} \right\rangle_{100} + \langle V_{ee} \rangle$$

$$\left\langle \frac{1}{r} \right\rangle_{100} \text{ is known to be equal to } \frac{\zeta}{a_0}$$

$$\langle V_{ee} \rangle = \frac{5\zeta}{8a_0} \left( \frac{e^2}{4\pi\epsilon_0} \right) = -\frac{5\zeta}{4Z^2} E_1 \quad \text{With that we have}$$

$$\langle H \rangle = \left[ 2 \frac{\zeta^2}{Z^2} - \frac{4\zeta(\zeta-Z)}{Z^2} - \frac{5\zeta}{4Z^2} \right] E_1 = \left[ 2\zeta^2 - 4\zeta(\zeta-Z) - \frac{5\zeta}{4} \right] \frac{E_1}{Z^2}$$

The minimum of the energy is reached when

$$\frac{\partial \langle H \rangle}{\partial \zeta} = 0 \Rightarrow 4\zeta - 8\zeta + 4z - \frac{5}{4} = 0$$

$$4z - \frac{5}{4} = 4\zeta \Rightarrow \zeta = z - \frac{5}{16}$$

For He ( $z=2$ )  $\zeta = \frac{27}{16} \approx 1.69$

$$\langle H \rangle = \left[ -2\zeta^2 + 4\zeta z - \frac{5}{4}\zeta \right] \frac{E_1}{z^2} =$$

$$= \left[ -2\zeta + 4z - \frac{5}{4} \right] \zeta \frac{E_1}{z^2} =$$

$$= \left[ -2\left(z - \frac{5}{16}\right) + 4z - \frac{5}{4} \right] \left(z - \frac{5}{16}\right) \frac{E_1}{z^2} = \frac{(5-16z)^2}{128} \frac{E_1}{z^2}$$

Again, for He it sets  $\langle H \rangle = \frac{729}{128} \frac{E_1}{z^2} = -2.848 \text{ hartree}$   
 $= -77.5 \text{ eV}.$